



ALTON JUDO CLUB BULLETIN

June 2011

Since the last newsletter:-

Juniors

Alton Judo Club has launched its junior section, with good attendances – the kids really enjoy their sessions. Each lesson is structured so that the children learn judo in a fun way, sometimes giving detailed judo information sometimes using games.

Petra is the Lead Coach for juniors and will hold gradings for those who are ready in the not too distant future. No pressure to grade, Petra will only assess those who are prepared. The important factor is that Alton Judo Club junior judo is carried out in a safe environment where individuals are encouraged to develop themselves for a long term future in judo.

For both juniors and seniors the new BJA approach to learning judo, where technical knowledge is paramount, is developing some very knowledgeable judoka and this will stand them all in good stead as they progress towards black belt.

Awards

Guess wot? Marie won another award, this time an East Hampshire Community Volunteer Award sponsored by East Hampshire District Council. Again this acknowledges Marie's hard work for the club.

Marie also gained her level 1 Nage no kata certificate on 9th May when she presented for assessment at Reading Judo Club; this was conducted by Kim Tilley, 5th Dan Kata Examiner. Marie's uke was Mike Fletcher aka Potter who deserves an accolade for all the effort he put in by being thrown about hundreds of times during the practice sessions. Unfortunately only tori is assessed and so poor Potter got nowt except Marie's sincere thanks and a wider understanding of judo kata.

Given that Mike is still a newby at judo, his efforts and contribution are all the more remarkable – a series of kata lessons is being planned but we do need your support.

Other News

Mike Blacklock (TooTall) has now gone to Thailand in order to further his Thai Boxing aspirations and we wish him well.

After more than 20 years as Hampshire County Coach Sensei Derek Pears has retired from this position. He has thoroughly enjoyed working within Hampshire promoting coach education throughout this period and will still be involved but to a much lesser extent than before; a well earned rest coming up.

For a bit of fun Marie wore a head camera whilst being thrown a couple of times and the resultant footage is on our website – check it out. Once again our thanks go to Sean and Marie for updating the site.

Visit the website and let us have your comments.

As at 1st June we have had to increase mat fees in line with increased costs to us – hopefully there won't be any other such surprises for at least a year – see website for details.